REMOAGE, Remote support of Aged people

Tackling the challenge of **supporting people** with dementia and other frail older people **to age in place in remote and sparsely populated areas** of the northern peripheries of Europe

Project period: 150501- 180430

P-O Egnell, CEO
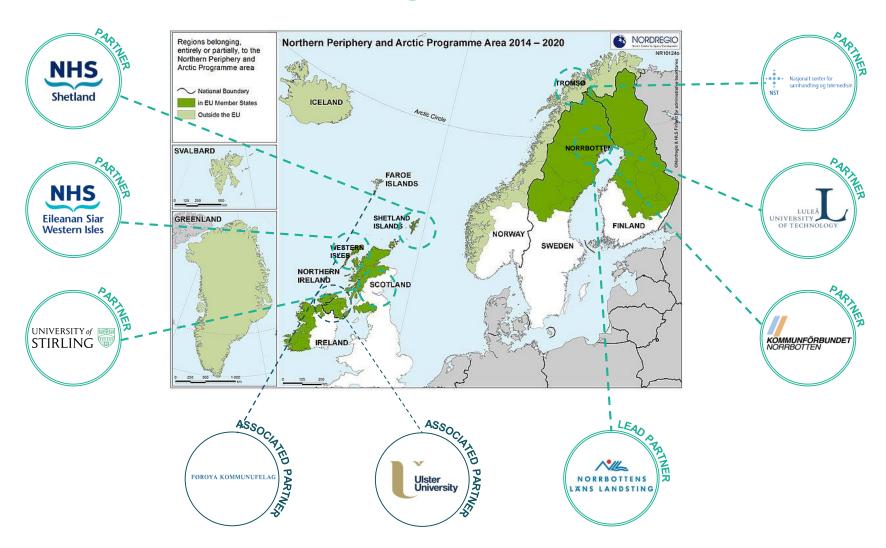Ehealth Innovation Centre, Luleå University of Technology

Remoage partners

Shared challenges

- Meeting the needs of older people in rural municipalities, breaking social isolation, equal access to service
- **Overcoming distances**
- **Limited resources; personnel and financial**
- **Under developed infrastructures**

Shared Objectives

- **Enabling People to lead healthy, active and independent lives while ageing**
- **Improving the sustainability and efficiency of social and health care systems**
- **Innovative, Person centered, flexible services that is responding to the ageing challenge**

Expected Results

- Improved access to personalized services and direct support in daily life,
- **Support to family carers**
- **Support to health personnel**
- **Increased involvement of community**

Example of services

Remote activity support in the homes

Remote activity support includes both individual support and support in groups for social and physical activities mediated via tools such as IPads or specially designed tools.

Remote supervision day and night time

Remote supervision in the home is performed through communication via tools such as IPads or specially designed tools. Access to supervision in the home is an important aspect of safety.

Remote multi-professional support

Multi-professional consultation in the home is performed through communication via tools such as IPads or specially designed tools. It is an important aspect of access to qualified staff

Flexible support of family carers

Flexible support of family carers is performed through communication via tools such as IPads or specially designed tools. It provides both psycho-social support and training support. Support of family carers is one of the key services in the service package.

Navigational and safety support

The service is performed through existing off- the-shelf products, which facilitate safety and security both indoor and outdoor. Safety issues is an important aspect of community based dementia care.

e-learning service for personnel, family caregivers and community members

The service builds on modern concepts of flexible learning using a combination of tools such as Ipads or specially designed tools and local seminars and reflection groups. Enhancing knowledge at all levels is a prerequisite for having a long impact with the service package.

Dementia friendly communities

The dementia friendly initiative involves adapting the community and its services to the abilities of the person with dementia. It raises awareness in the community of how to support the person with dementia in daily life.

Early identification of dementia

The service includes approaches for early detection of dementia such as public awareness combined with easily accessible open assessment clinics and strategies for remote diagnosis. Early identification of dementia is an important way of supporting frail older people in a person centred way.

Northern Periphery and Arctic Programme 2014–2020

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RemoAge
REMOTE SUPPORT OF AGED PEOPLE

How we get there

- **Thinking person centered first**
- **Transnational and shared learning**
- **Transparent documenting, validating and packaging processes**
- **Building flexible, Person-centered and transferable services responding to the ageing challenge**

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